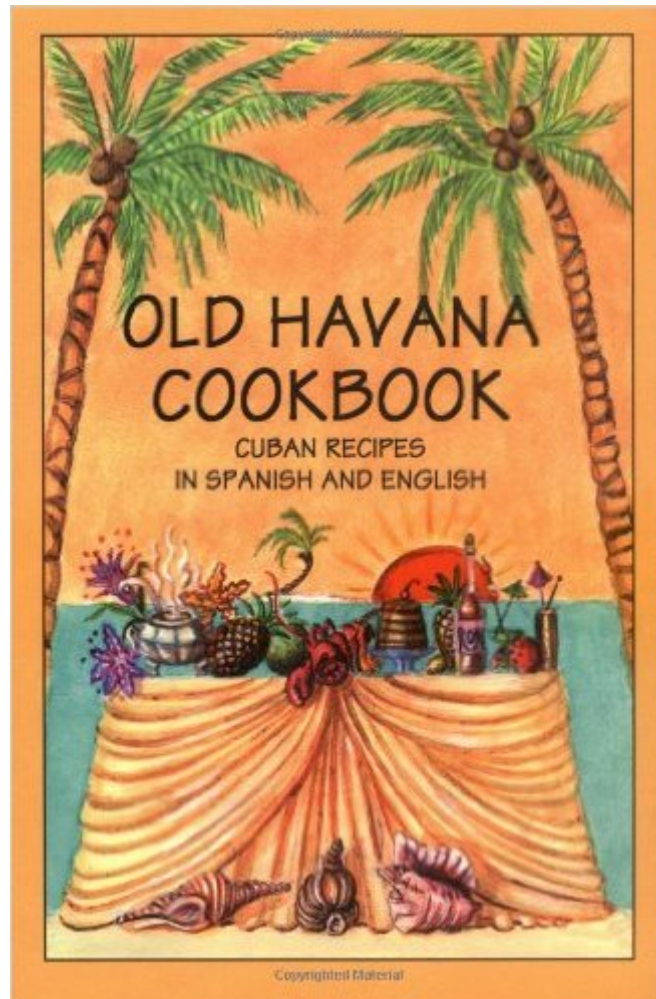


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Old Havana Cookbook: Cuban Recipes In Spanish And English (Bilingual Cookbooks)



Synopsis

Havana is one of the oldest and most picturesque cities of the western hemisphere. It was a popular winter destination for North American tourists in the 1950s, and this cookbook recaptures the spirit of Old Havana-- Habana la vieja-- and its celebrated culinary traditions. Cuban cuisine, though derived from its mother country, Spain, has been modified and refined by locally available foods like pork, rice, corn, beans and sugar, and the requirements of a tropical climate. Fine Gulf Stream fish, crabs and lobsters, and an almost infinite variety of vegetables and luscious tropical fruits also have their places on the traditional Cuban table. This cookbook includes over 50 recipes, each in Spanish with side-by-side English translation-- all of them classic Cuban fare and old Havana specialties adapted for the North American kitchen. Among the recipes included are: Ajiaco (famous Cuban Stew), Boiled Pargo with Avocado Sauce, Lobster Havanaise, Tamal en Cazuela (Soft Tamal), Quimbombo (okra), Picadillo, Roast Suckling Pig, and Boniatillo (Sweet Potato Dulce), along with a whole chapter on famous Cuban cocktails and beverages.

Book Information

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Customer Reviews

a friend who lived in cuba until her family left several years ago, recently stumbled on my edition of this charming little volume, pronounced it the most authentic of all my cuban cookbooks and asked to borrow it. although i hate lending books, she lives across the street and i felt there was very little risk. what did i know. after she'd had it for more than a month, i decided to get one for her as a christmas gift and retrieve mine. in the interim mine had been blessed with a few more grease

spots. she had really used it! as an additional piece of this book's charm, recipes are in spanish on one page and in english on the facing page (which helps me with my efforts to learn spanish). probably more people know about picadillo (a kind of ground-beef hash with raisins and olives) than about ajiaco, the national soup. but make this hearty dish once and you will have experienced a delicious piece of culinary cuba. i have cooked my way through this book's 120+ pages and so far my guests and i have enjoyed everything. i don't much make desserts, but if someone made the apple pudding with bicardi rum for me, Old Havana Cookbook: Cuban Recipes in Spanish and English (Bilingual Cookbooks) i'd for sure eat it! Oh, and if you're interested in a bit of bartending at home, there are also recipes for drinks, including the daiquiri, which originated in cuba.

I purchased this book because my family is from Havana, Cuba, and I felt I could get some good authentic recipes. I was very dissapointed. My grandmother who has shown me how to cook cuban food was even surprised at some of the ingredients in the recipes. The recipes are from foods we eat but the ingredients were way off. Sorry just my opinion

I don't know about the print version, but the Kindle version of this book is an absolute dogs breakfast. Instructions will end abruptly only to be continued with the instructions in the opposite language (a recipe in english might seem to be missing something, keep looking you'll find the rest mixed in with the spanish version - in english, or vice versa). I got my copy for free, but you certainly shouldn't pay \$9.99 for this. Having said that, some of the recipes themselves are interesting.

I have had a long term desire to know more about Cuban cooking. Cuba has been influenced by many cultures and the foods reflect the blending of the cultures. I have tried a few of the recipes and will certainly do more. The Kindle Fire is an excellent tool for cooks - you can see what the dish looks like, you can make your shopping list from the list of ingredients and you get insights in how to enhance the flavor of the completed meal. This is a useful cookbook!

I'm Cuban by birth, but have lived in this country for over 50 years. I enjoy cooking and often whip up some Cuban dishes for friends and family alike. I wanted to add this one to my collection because it sounded interesting. I don't know what I was expecting, but it is a very small book and just isn't what I was hoping it would be. It has a diverse amount of recipes, but for those not familiar with Cuban cuisine might prefer some of the more traditional recipes.

I purchased this book to learn about Cuban cooking. I showed some of the recipes to a friend who is Cuban. She was surprised at how the Ropa Vieja dish was suggested to be cooked, she said that you typically have cumin in the dish and avoid the turnips, leeks, carrots. Did not feel authentic at all. Think that there are better Cuban cookbooks out there.

I have used a couple of the recipes. I found them pretty easy to use. I also like that it is in Spanish as well, which helps me practice.

I got this book for my wife for Christmas. It's great, and has Spanish on one page and English on the opposite, so you can learn some words and phrases if you feel so inclined. There is a wide variety of recipes, and they're great. My wife loves to cook, and this has become one of her favorite cookbooks.

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